Inmate Program Quarterly

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Feature: How Dogs & A Moment of Clarity Rescued a Broken Man Mark Arkenburg's Story



Mark & Milo

What makes former Lake Erie Correctional (LEC) Institute's inmate and dog trainer Mark Arkenburg's eyes light up? Hands down it's his unconditional love for his besties — rescued dogs Lexi (Pit/Lab mix) and Milo (Lab/Collie mix). The three are truly inseparable with their beloved escapades captured on raw-moment videos that Mark enjoys sharing as any proud *father to two rescues* would. Whether they're hiking through the woods, traversing streams or playing in Mark's backyard, they've developed an inseparable bond. Lexi, in particular, conjures up Mark's favorite life time memory. After 13 years of LEC incarceration and with Amy Beam's encouragement and resounding approval, he walked out of the prison gates on his release date with, in his words,

his "most perfect Lexi" — a Mark-trained rescue dog graduate of Amy's Adoptables/911 Dog Rescue Inc.'s Inmate Program. Milo, also a rescue, joined the Mark and Lexi dynamic duo in 2018. But Mark's love of canines extends well beyond his own two four-legged family members. He's aspiring to become an pivotal member of Amy's all-volunteer team. You see Mark emphatically believes that ALL abandoned, abused, neglected and discarded dogs deserve a much better life and has declared dog rescue to be an integral part of his heartfelt mission.

A dog is the only thing on earth that loves you more than he loves himself - Josh Billings

No wonder Amy saw something particularly special in Mark, so much so that she selected him for one of the 14 highly-coveted dog trainer positions within LEC's Apprenticeship Program. And it's no surprise that Mark ran with this golden opportunity. Not only did he learn requisite dog training skills such as *stay*, *sit*, *come* and *heel*, but he also taught his furry charges tricks including *paw*, *roll over*, *go to bed* and *turn off the lights*. As Mark's capabilities increased so did his thirst for knowledge. He immersed himself in dog training books and videos. *continued on Page 2*

CORPORATE SPONSORS/ GUEST SPEAKERS

Interested in becoming a Corporate Sponsor or engaging us to guest speak about our incredibly successful Inmate Program at one of your upcoming events? Please contact:

Gwen Walsh gwalsh@techedgellc.com





We at Amy's Adoptables/911 Dog Rescue Inc., appreciate Mark's generosity, his candor and encouragement in sharing his story with us and others. We also continue to wish Mark incredible success in his life's journey. For those who may be interested in patronizing Mark's businesses, please contact him at ACRattrayConstruction@yahoo.com.

- Amy P. Beam, CEO/President

Mark Arkenburg's Story continued from Page 1

He additionally tapped into his fellow trainers' expertise to learn and eventually teach others how to successfully address serious problems including food and dog aggression — all the while being highly attentive to and respectful of each dog's individuality, health and welfare. While Mark focused on the dog training task at hand, simultaneously something remarkable was occurring. He was gaining a sense of purpose plus becoming appreciative of the freedom and the fellow trainer camaraderie and teamwork the program afforded him. He was also learning how to be responsible and accountable and soon discovered that giving back to the community filled an unspoken void deep within his soul. It also wasn't lost on Mark that those amazing, incredible and unique rescue dogs — all of them — were saving him. They were unconditionally giving him the love and companionship he sorely needed during his darkest of days — helping him to combat feelings of isolation, despair and self-hatred.

Transformation happens on the other side of surrender - Unknown

Mark's spirit had been undeniably shattered. He had even contemplated suicide. What stopped him? Only Mark knows. But then something quite extraordinary happened. In Mark's words, "a Higher Power intervened — I encountered a moment of clarity". Mark was sitting in a prison meeting when a former LEC inmate, who had gotten his life together, delivered a compelling message that centered on recovery and freedom. That galvanizing message — *Surrender to Win*. Those three simple yet impactful words grabbed Mark in an inexplicable way and took hold. For him it was life altering. Mark asked the speaker for his assistance in spreading the *Surrender to Win* mantra within LEC, which ultimately led to Mark participating in a 12-Step Recovery Program and subsequently starting up various Group Recovery meetings (*Saturday Night Live*) and Recovery Day workshops (*Free on the Inside*) that grew from initially 12 people to currently 45 participants — all of whom are compelled to do the work required in order to reshape their life's direction. Ultimately it was the 12-Step Recovery Program that gave Mark hope that he was a better person of higher moral and ethical character. No longer was he destined to be a self-loathing, unrehabilitatable drug addict.

We rise by lifting others - Robert Ingersol

Fast forward to 3 years, 4 months post prison release and we find Mark owning and managing four successful businesses — Phoenix Construction and Salvage, AC Rattray Construction, Northeast Roofing Supplies and Wickliffe Leasing. Even more admirable — Mark both employs and subcontracts to former LEC inmates who have also served as dog trainers plus helps them find housing upon prison release. But Mark's *giving back to the community* mindset doesn't stop there. Attributing his new lease on life to his 12-Step Recovery Program, Mark guest speaks at Recovery meetings and workshops across multiple correctional institutes including Grafton, Richland, Mansfield and, of course, LEC. Mark's gripping drug addiction story, his transparency and his deep humility undoubtedly connects with his audience. But let's not underestimate Mark. He keenly recognizes that by actively leading and engaging in these introspective, emotion-evoking and tough love themed Recovery meetings and workshops, he's not only further reinforcing his deeply-rooted Recovery dedication and commitment, but he is also best positioning himself to positively influence the recovery and lives of others.







Milo

Mark & Lexi

Lex

Prison Pups — In Training!



At any given time, there are 7+ dogs in training. Here are just 2!



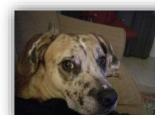
Meet 1.5 year old **Daisy!** How could anyone resist that sweet, unique markings face! Daisy came to 911 Dog Rescue Inc. through Buster's Brigade.





Please follow
Amy's Adoptables on
Facebook to learn when our
prison pups will be trained
and adoption-ready!





Meet 10 month old **Onyx**! Oh my
— his soulful eyes! Onyx came to
911 Dog Rescue Inc. through
seizure and closure of **a**nother
Rescue.

Ohio's Senator Kenny Yuko — Animal Advocate Extraordinaire!



At 911 Dog Rescue Inc. we're keeping a close eye on important legislation introduced by Senator Kenny Yuko. S.B. No. 167, prohibiting putting down domestic animals by use of gas chambers, was introduced to the Ohio Senate and is currently in Senate Committee. Please read Senator Yuko's Sponsor Testimony at www.ohiosenate.gov/legislation/GA133-SB-167.

Senator Yuko's advocacy certainly doesn't stop there. He authored a letter supporting our Inmate Training Program! Please refer below for letter excerpts.

Senator Kenny Yuko Ohio's 25th District

THANK YOU, Senator Yuko, for your unrelenting animal advocacy!

I am writing to express my support for the Inmate Training Program provided by 911 Dog Rescue and its CEO/President Amy Beam. The Inmate Training Program has proven to be a wholesome and invaluable asset to both the inmates and their canine companions at the Lake Erie Correctional Institution.

Ms. Beam has proposed the construction of a 10'x25' fence inside the prison so both the dogs and inmates can interact in a safe and secure manner that ensures the protection of all parties at the facility. This fence will serve to prevent any unwanted interaction between dogs in the program and inmates not involved in the training. Such improvements will ensure that this program can continue to provide a positive experience to inmates free of any unintended interactions with others at the facility.

I am thankful that Ms. Beam has dedicated her time, resources and dogs to provide this thriving program that benefits inmates and those looking to adopt a well-trained companion animal. I whole-heartedly support the Inmate Training Program as well as the request to construct this fence. This construction is crucial to guaranteeing the safety of all parties, and I am pleased to support Amy Beam and all of her efforts. If you have any questions please do not hesitate to contact my office.

The Inmate Training
Program has proven to be a
wholesome and invaluable
asset to both the inmates
and their canine companions
at the Lake Erie Correctional
Institution.

- Senator Kenny Yuko

911 DOG RESCUE INC.

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<u>EMAIL:</u> AmysAdoptables@Yahoo.com



Proudly serving our program sponsors and donors, inmate trainers, rescue dogs, adopters, volunteers and communities – each and every day!





CONNECT WITH US!

WEB: www.AmysAdoptables.com **FACEBOOK:** Amy's Adoptables

ABOUT US...911 DOG RESCUE INC. / LEC PARTNERSHIP

In a strong partnership with the Lake Erie Correctional Institute (LEC), we run our highly adoptable pups through the training paces, which benefits our adopters, the inmates plus our community. At any given time we have 7 or more dogs in the LEC foster program, though with additional Corporate Sponsorships, we'll be able to increase the number of dogs. The 14 men chosen for the foster program are always carefully selected from the population of 1,800 men incarcerated at the facility. They have all been formally trained on how to responsibly handle the dogs using nothing but positive reinforcement.

The maximum amount of time we would like to have a dog in the program at LEC is about 10 weeks so that we may responsibly place the dogs into their forever homes without them becoming too attached to the inmates or vice versa. The biggest benefit of this program is that, when the dogs head to their forever homes, they have basic training under their belts!



911 DOG RESCUE INC [WWW.AMYSADOPTABLES.COM]

Lake Erie Correctional Institute INMATE PROGRAM

Partners in dog rescue & inmate rehabilitation

ABOUT DONATIONS, SPONSORSHIPS AND VOLUNTEERING

All money received from adoptions, sponsorships and donations goes directly back into the Inmate Program to pay for dog food, vetting, shots, spays/neuters, dog toys, treats, and anything else the pups may need. We are grateful to all those who support this effort – especially our Inmate Program Sponsors!

The dogs saved by Amy's Adoptable's would not be here today if it were not for compassionate volunteers who spend countless hours managing our Inmate Program by:

- Searching in pounds for good family dogs to save from desperate situations.
- Transporting in-state (Ohio) and out-of state dogs to LEC.
- Arranging vet appointments and transport for dogs in our care.
- Showcasing our dogs online.
- Meeting with potential adopters to evaluate adopter/dog fit.
- Soliciting much-needed corporate sponsorships and donations.
- Seeking out volunteers as we continue to expand our footprint.

ABOUT ADOPTIONS

All dogs that come to Amy's Adoptable's are temperament tested, spayed or neutered when age appropriate plus updated on all shots. We go to great lengths to make sure all the dogs are healthy before offering them for adoption. All dogs come with a health certificate, where applicable, from the vet and any vetting paperwork that is available for them.

Most of our dogs come from Buster's Brigade, Cleveland City Dogs and the Cuyahoga County Animal Shelter (Valley View). On a case-by-case basis, we have also expanded our reach to include high kill facilities in multiple states including Kentucky, Oklahoma and beyond. Additionally, due to our positive reputation, we have also been called upon to step in and help dogs who have been removed from hoarding situations.